

Birth Plan for Pregnancy Loss

Name of mother:

Name of partner or spouse:

Baby's name (if applicable):

Support people expected to be present:

- doula
- family
- photographer
- friends
- clergy
- other:

Support techniques desired:

- birth ball
- music
- dim
- lights
- mobility
- breathing techniques
- other:
- water
- massage
- compresses
- imagery

Medical interventions desired or needed:

- epidural
- other pain medications
- medical induction using
- natural induction using

Monitoring: intermittent continuous not at all

Pushing options:

- spontaneous
- directed
- push in this position:
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Cord cutting:

- delayed
- immediate
- who is cutting the cord?
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In the initial moments after baby's delivery, the mother would like to:

- wrap baby up in blanket
- give baby to mother right away
- not hold baby
- give baby a bath

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Expected care after birth: go to NICU stay with parents other:

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Comfort/palliative care expected:

- no resuscitation
- organ donation
- take home for as long as expected to live
- hospice nurse

I would like to keep:

- bassinet card
- hats
- blankets
- photographs taken by the hospital
- hospital ID bracelet
- cord clamp
- measuring tape
- bath items used
- lock of hair
- heart rate/contraction strips from any monitoring

Spiritual or ceremonial needs:

- baptism
- dedication
- birthday party

Postpartum requests:

- room away from other new moms
- keep baby in the room
- other:

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Plans for getting your baby to the funeral home:

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