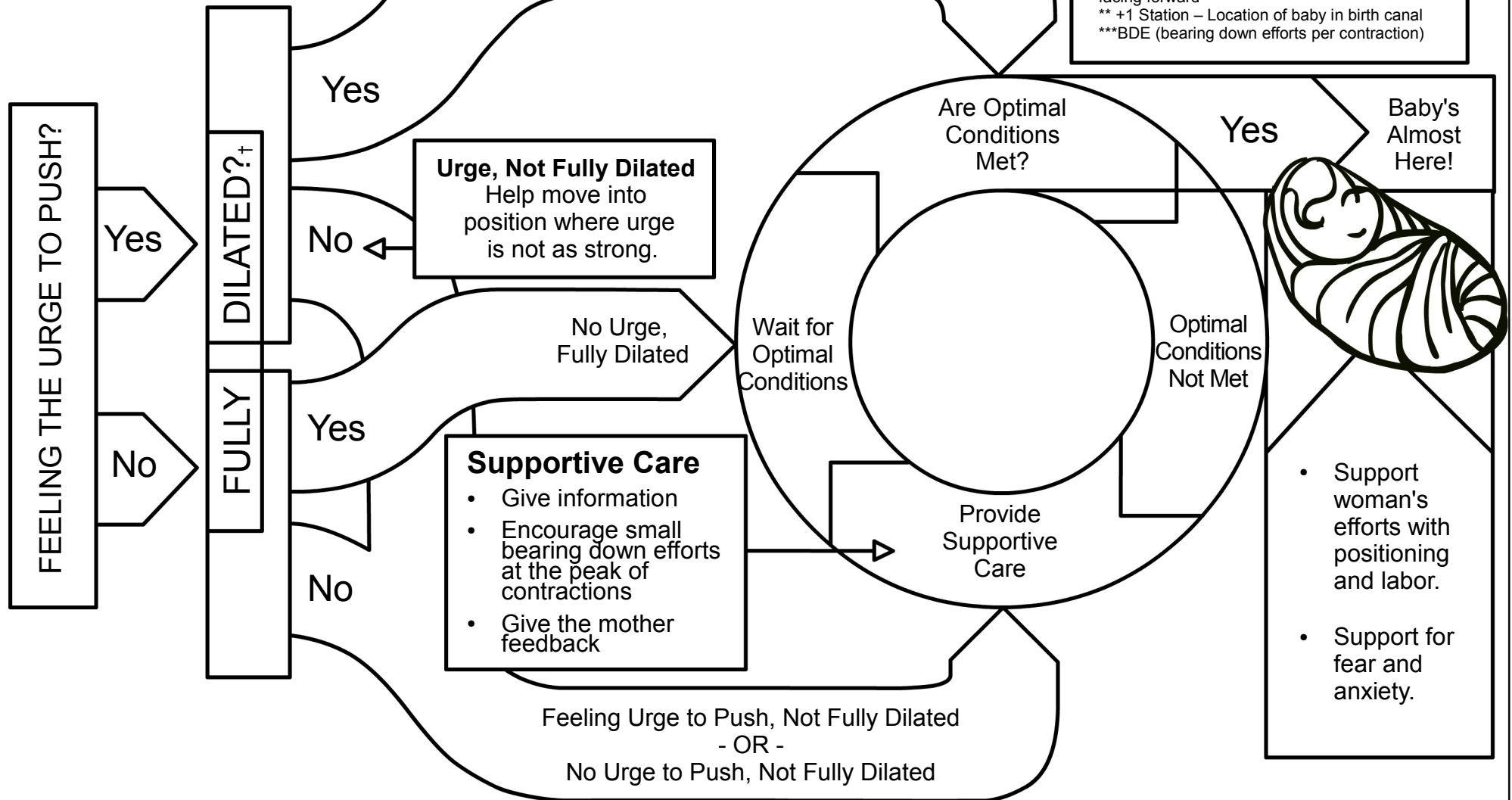


Disclaimer: The care provider makes the final decision in what action steps are to be taken during this stage of labor. The diagram below illustrates when a doula can give appropriate supportive care.

Optimal Conditions†

- Fetus OA*
- +1 station**
- 3-5 BDE ***
- Baby not distressed

* OA (Occiput Anterior) – Back of baby's head is facing forward
 ** +1 Station – Location of baby in birth canal
 ***BDE (bearing down efforts per contraction)



† To be determined by medical provider

Action Steps for 2nd Stage Labor – Nearing the End of Labor

Source: AWHONN Webinar, Nursing Care & Management of the Second Stage of Labor, 2014 (awhonn.org)