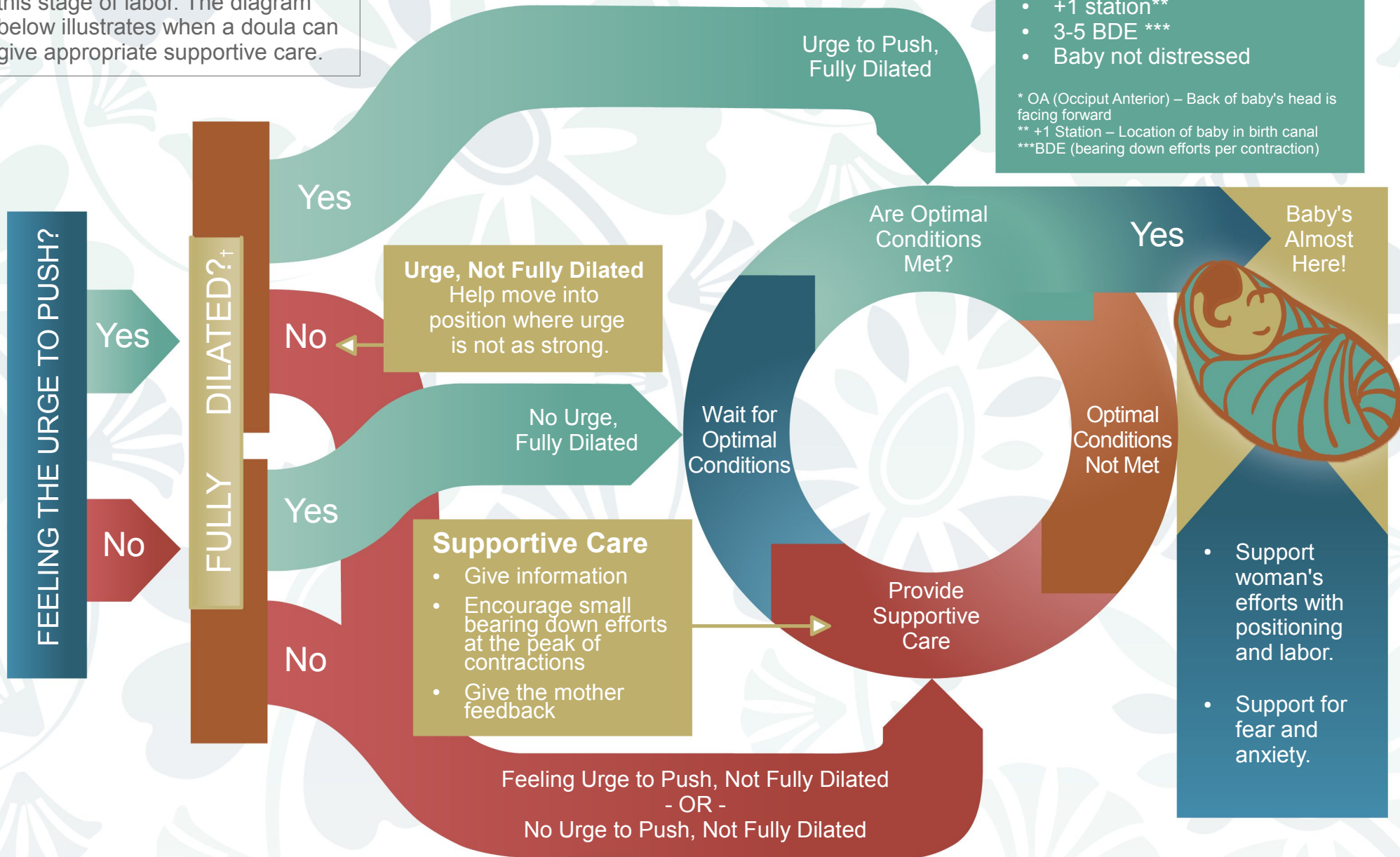


**Disclaimer:** The care provider makes the final decision in what action steps are to be taken during this stage of labor. The diagram below illustrates when a doula can give appropriate supportive care.



**Optimal Conditions†**

- Fetus OA\*
- +1 station\*\*
- 3-5 BDE \*\*\*
- Baby not distressed

\* OA (Occiput Anterior) – Back of baby's head is facing forward  
 \*\* +1 Station – Location of baby in birth canal  
 \*\*\*BDE (bearing down efforts per contraction)

† To be determined by medical provider

## Action Steps for 2<sup>nd</sup> Stage Labor – Nearing the End of Labor

Source: AWHONN Webinar, Nursing Care & Management of the Second Stage of Labor, 2014 (awhonn.org)